

FEB

PLAY

#LoveMyDog365



NOTES

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Make a list of your dog's favorite ways to play. Make a list of your favorites.	2 Throw treats in opposite directions. Make sure your dog sees you toss so he knows the direction. Cheer for him.
3 Hide & Seek. Toss a treat to distract your dog. Hide. Call out "find me" and treat your dog when she finds you.	4 Does your dog make fun noises or playfully howl? Next time he does, encourage him and talk or sing back to him.	5 Walk or jog in an unpredictable pattern. Praise and reward your dog for following you.	6 Set several toys in unusual places. Go on a discovery walk to find them. Play with each toy if your dog is interested.	7 Experiment with soft play. Can you interact quietly with your dog through gentle contact or subtle movements?	8 Spend free time with your dog and be willing to engage in whatever play he wishes. Learn a new game from your dog.	9 Play chase. Toss a treat and run away. Reward your dog when she catches you. Avoid this game if your dog will mouth you.
10 Throw a treat pouch for your dog and let him chase it. Run to it and give him a treat from it.	11 Make unusual noises for your dog. When you find one she likes, watch her reaction and play according to her wishes.	12 Laughter can initiate play. Tell your dog some jokes and let the laughter flow. See what play arises.	13 Play a kicking game with your dog. Kick a sports ball or pinecone around and race to it together.	14 Rapid Fire Behaviors. Using a handful of treats, see how many known behaviors you can do in one minute	15 Sing to your dog while being playful.	16 Snake a toy or some string cheese around for your dog to chase. Be sure to let her catch it.
17 Using a treat, lure your dog through your legs in a figure-8 pattern. Reward frequently. Try walking.	18 Throw a toy for your dog to fetch or use large treats if your dog does not like toys.	19 Play an interactive puzzle game with your dog.	20 Turn up the music and dance with your dog. Give him treats for following your moves. Avoid holding his paws.	21 Teach your dog to run around something large like a tree or a shed for a treat or toy.	22 Monkey in The Middle. Toss a toy between two people. Encourage your dog to run between them. Reward frequently.	23 Capture new behaviors. Notice something new about your dog's actions and reward it. If he repeats it, continue rewarding.
24 Choose a known behavior. Play music & dance. Have someone stop the music. Quickly ask for the behavior and reward.	25 Have you invented a game with your dog? Share it with the #LoveMyDog365 community.	26 Have your dog chase you around something large. Change directions often. Reward her when she reaches you.	27 Volley balloons with your dog or catch bubbles together.	28 Sign up for the free Sniffer Dog Challenge and learn a fun new game to play with your dog.		

